

## **What You Need to Know Before Surgery**

Stop all anti-inflammatory medications. If you take Coumadin, Aspirin or another blood thinner because of heart problems, previous stroke, or for another medical condition, please discuss with your surgeon.

If you develop an infection, cold, flu, sore throat, fever or a new medical problem in the week before surgery, please call your surgeon immediately. This may necessitate delaying your surgery for your safety.

Should you need to cancel your surgery for any reason, please call the office and speak directly with the surgical scheduler. We would respectfully request at least seven days advance notice, in order that others can be scheduled in your place.

You will be contacted by the hospital on the day prior to your surgery to notify you about what time to arrive at the hospital

### **Night Before**

Take a complete bath or shower.

Do not take any medications after midnight, unless specifically ordered by your doctor. If necessary medication can be taken with a SIP of water.

Do not eat or drink anything (including water, chewing gum, candy or mints) after midnight, if you are having general anesthesia or conscious sedation.

Do not drink alcoholic beverages 24 hours before surgery and avoid heavy foods.

If you have any concerns or questions please do not hesitate to contact the office and we would be happy to help you.